

**International Association for Social Work with Groups
NC Chapter - 2018 Spring Symposium**
"Freshening Up Your Group Work: Tools and Techniques"



When: Saturday, April 14, 2018 9:00 am – 1:15 pm
Meet and Greet/Coffee and Bagels 8:30 – 9:00am

Where: NC State University, North Campus
1911 Building, Room #129
10 Current Drive
Raleigh, NC 27695 (*see directions below)

This program will consist of two workshops, coffee and bagels before the workshop, and lunch on your own (if staying for membership meeting)

CEUs: 4.0 Contact hours – certificates of attendance will be provided.

Workshop One:

9:00 am – 11:00 am - "Mindfulness: What Just Happened?"

Enjoy this interactive, collaborative, experiential workshop. We will explore creative techniques to invigorate groups. Mindfulness/being in the present moment will be practiced to help deepen the group experience.

Presenter: Susan Gale Orovitz, PhD, CGP

11:00 am -11:10 am - Break

Workshop Two:

11:15 am - 1:15 pm - "Fostering Engagement: Reflections from a Psychoeducational Dual Diagnosis Group with Women in Recovery"

This talk will outline the goals, process, and concepts that have evolved through the presenter's experience developing a Dual Diagnosis group for clients at UNC Horizons. UNC Horizons serves pregnant and parenting women who are in recovery from substance addition. The Dual Diagnosis group is part of Horizons' Substance Abuse Intensive Outpatient Program.

Presenter: Selden Holt, MSW, LCSW

1:30 pm – 2:30 pm – Membership meeting over lunch (Optional)

Fee: \$45: Non-IASWG Members
\$5.00: Students
Free for IASWG Members

Registration: To register, please email mghezzi@email.unc.edu by 4/11/18 so that we can get an accurate continental breakfast count.

Cash or checks accepted at door (we cannot accept credit or debit card payments at this time)

To become an IASWG member click on: <http://www.iaswg.org/>

For more information: April Parker, aprilparker.lcsw@gmail.com; Marilyn Ghezzi, mghezzi@email.unc.edu; Willa Casstevens, wjcasste@ncsu.edu; Anne Jones, annejone@email.unc.edu

Presenter Bios:

Selden Holt, MSW, LCSW, received an A.B. from Duke University and an MSW from UNC Chapel Hill. From 2001-06, she worked at the local community mental health center in a variety of positions relevant to child mental health. From 2006-2008, she served as Training Coordinator for a comprehensive mental health service provider primarily supporting community support staff. From 2009-2014 she worked at UNC's Center for Excellence in Community Mental Health. In 2014, she joined UNC Horizons as an outpatient therapist offering assessment, individual, and group therapy to pregnant and parenting women in recovery from substance addiction and other co-occurring illnesses. She lives in Chapel Hill.

Susan Gale Orovitz, PhD has over 40 years of experience as an educator and psychologist. Dr. Orovitz provides individual, couples, family and group therapy to adults. She also provides clinical consultation to licensed mental health professionals. She is a relationally oriented psychotherapist who believes that healing comes about through a deeper, more authentic connection with oneself, with others in the world, and, for some, with an inner spiritual center and power greater than oneself. Dr. Orovitz has a long distance tele-psych practice (Zoom/Skype/FaceTime/phone) for individuals, couples, group therapy, consultation with mental health professionals and spiritual direction. She also has a local practice in Durham, NC. Dr. Orovitz is the current President of the Carolinas Group Psychotherapy Society (CGPS). She is the Affiliate Societies Assembly (ASA) Representative to American Group Psychotherapy Association (AGPA). She is also the ASA "Group Circle" quarterly Editor.

***Parking info:**

Parking is free on campus on the weekends. People can enter campus, if they are driving east on Hillsborough, by turning right at Horne Street onto campus, and then making an immediate left onto Founders Drive which is the entrance to the parking lot at the north end of the 1911 Building (Founders Drive dead-ends at Current Drive). People can enter the north door on the Hillsborough end of the 1911 Building, and the conference room is on the ground floor. Campus map link <http://maps.ncsu.edu/#/>

Google map link <https://goo.gl/maps/wqXWySCW3Qp>