## Group Work C.E. Series

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 29</td>
<td>Group Work Essentials: 6 CEUs</td>
<td>9 am - 4 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Greg Tully, MSW, Ph.D.</td>
<td></td>
</tr>
<tr>
<td>October 6</td>
<td>Addressing Diversity, Equity, Inclusion and Social Justice in Groups: 3 CEUs</td>
<td>1 pm - 4 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Binita Donohue, LCSW</td>
<td></td>
</tr>
<tr>
<td>October 13</td>
<td>Using Activities Effectively: 3 CEUs</td>
<td>1 pm - 4 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Christian Itin, Ph.D.</td>
<td></td>
</tr>
<tr>
<td>October 21</td>
<td>Adventure-Based Group Work: An Experiential Introduction: 4 CEUs</td>
<td>9 am - 1 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Barney Strauss, LCSW, CGP</td>
<td></td>
</tr>
<tr>
<td>November 3</td>
<td>Strategies for Leading Online Groups: 3 CEUs</td>
<td>1 pm - 4 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Sera Godfrey Kaplan, LICSW</td>
<td></td>
</tr>
<tr>
<td>November 10</td>
<td>Ethical Challenges in Contemporary Group Work: 3 CEUs</td>
<td>12:30 pm - 3:30 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Kristina Lind, LICSW, Ph.D.</td>
<td></td>
</tr>
<tr>
<td>November 17</td>
<td>Working with LGBTQIA+ Communities in Groups: 3 CEUs</td>
<td>1 pm - 4 pm, CT</td>
</tr>
<tr>
<td></td>
<td>Mauricio Cifuentes, Ph.D., LCSW, J.D.</td>
<td></td>
</tr>
</tbody>
</table>

Scan QR Code or use link below to register >>>

See individual flyers for details, price, and fulfillment of licensure requirements - Cultural Competency & Ethics and Values

https://tinyurl.com/23vdpdc9

* Scholarships available

Email cgosselin@luc.edu for questions and additional info.
Group Work Essentials: Engaging, Empowering, and Facilitating Effective Groups

Are you a group facilitator looking for more expertise and strategies to improve your group work practice?

This session provides an overview of the essential factors for planning and facilitating effective groups. It addresses critical elements including purpose, time and duration, composition and diversity, engagement, contracting, facilitator role and expectations, stages of group development, member and agency needs, use of activities, and assessment and feedback.

At the end of this session, participants will be able to:

- Harness the power of group work expertise to create meaningful connection and change
- Understand how groups develop and change over time, including what to expect from members at each stage, and the role of the leader throughout the process
- Plan more effective group interventions for a wise variety of practice settings and populations

Friday, September 29th, 2023
9:30pm to 4:30pm, CT (Chicago)
via Zoom

3 CEUs

*FEE:
General: $120,
LUC Alumni/Field Instructors: $100,
Students: $30
20% discount if enrolled in 3 or more sessions

Scan or use link to Register: https://tinyurl.com/23vdgcd9

For more info. on presenters: https://tinyurl.com/mrnn2nbf
Addressing Diversity, Equity, Inclusion and Social Justice in Groups

We live in a world where, with or without our permission, our social identities continue to determine outcomes. The group experience can provide powerful learning opportunities to become conscious of and work with those identities in the context of a social environment. With the current moment being so politically charged, group work can become an ideal setting to reflect upon diversity experiences even as they are happening. This workshop will look at the diversity dynamics and processes that are present in groups and discuss methods to facilitate those dynamics to create space for change and growth.

At the end of this session, participants will be able to:

- Examine important group concepts such as interpersonal communication, power and norm creation in light of diversity dynamics
- Discuss roles and scripts that emerge in the group based on social identity
- Investigate the impact of institutional experiences of diversity in group work

FEE:
General: $80, LUC Alumni/Field Instructors: $65, Students: $15
20% discount if enrolled in 3 or more sessions

This session fulfills the 3 credit Illinois licensure requirement for Cultural Competence

Scan or use link to Register: https://tinyurl.com/23vdpdc9

For more info. on presenters: https://tinyurl.com/mrnn2nbf
Using Activities Effectively

This highly interactive workshop allows participants to experience the power of purposeful activity in both virtual and face-to-face group work. The theoretical and philosophical underpinnings of experiential group work are explored. Participants learn about and engage in activities that can be used in clinical, task, and educational contexts.

At the end of this session, participants will be able to:

- Understand the theoretical and philosophical underpinnings of experiential, activity-based approaches to group work
- Recognize the power of non-deliberative, activity-based group work to accomplish a variety of goals, from educational to therapeutic
- Translate experiential activities from the physical world to the virtual world

Friday, October 6th, 2023
1 pm - 4pm, CT (Chicago)
via Zoom
3 CEUs

FEE:
General: $80, LUC Alumni/Field Instructors: $65, Students: $15
20% discount if enrolled in 3 or more sessions

For more info. on presenters: https://tinyurl.com/mrnn2nbf

Scan or use link to Register:
https://tinyurl.com/23vdpc9
Adventure-Based Group Work: An Experiential Introduction

This workshop explores the impact of using novel activities with therapy groups. The facilitator shares the theoretical foundations of Adventure-Based Counseling and then leads participants in a sequence of experiential activities with the participants. The workshop concludes with a discussion about applying the techniques to one's own groups. Some time is spent engaged in activities on an outdoor challenge course, though no special athletic ability is required.

At the end of this session, participants will be able to:

- Explain how to effectively incorporate novel activities into process-oriented groups
- Describe how to use metaphoric transfer of learning to heighten therapeutic impact of groups
- Select specific activities based on the stage of development and primary purpose of a particular group

FEE:
- General: $100
- LUC Alumni/Field Instructors: $80
- Students: $30
- 20% discount if enrolled in 3 or more sessions

Scan or use link to Register: https://tinyurl.com/23vdpdc9

For more info. on presenters: https://tinyurl.com/mrnn2nbf
Strategies for Leading Online Groups

This workshop explores the unique opportunities to bring individuals and groups together in a virtual setting. Using video clips from a mock virtual group, the workshop explores the strengths and challenges of an online format. Contemporary examples from virtual groups will offer practical applications for this increasingly popular modality.

At the end of this session, participants will be able to:

- Understand the important differences in leading and planning virtual versus in-person groups.
- Have practical skills to deepen mutual aid and connections within virtual groups.
- Be able to facilitate challenging moments in groups including conflict, discussions of race, and issues unique to the online environment.

Friday, November 3rd, 2023
9am to 12pm CT (Chicago) via Zoom
3 CEUs

FEE:
General: $80, LUC Alumni/Field Instructors: $65, Students: $15
20% discount if enrolled in 3 or more sessions

Scan or use link to Register:
https://tinyurl.com/23vdpc9

For more info. on presenters: https://tinyurl.com/mrnn2nbf
Ethical Challenges in Contemporary Group Work

Expanded options in group work delivery have challenged the way social workers think about ethically sound group facilitation. This workshop addresses ethical considerations as they relate to confidentiality and privacy, informed consent, safety, and risk management, particularly in virtual group service delivery systems. The workshop is highly participatory. Participants are asked to bring ethical challenges from their own practice to the discussion.

At the end of this session, participants will be able to:

- Have additional knowledge and strategies for addressing complex ethical issues in group work.
- Have strategies for dealing with issues of confidentiality in both in-person and virtual groups.
- Have enhanced tools to address privacy and safety issues in groups.

Friday, November 10, 2023
12:30pm - 3:30pm CT (Chicago) via Zoom
3 CEUs

FEE:
- General: $80, LUC Alumni/Field Instructors: $65, Students: $15
- 20% discount if enrolled in 3 or more sessions

This session fulfills the 3 credit Illinois licensure requirement for ethics and values

For more info. on presenters: https://tinyurl.com/mrnn2nbf

Scan or use link to Register: https://tinyurl.com/23vdpdc9
Working with LGBTQIA+ individuals: Practical and effective group work strategies

This interactive workshop focuses on facilitating effective groups for the diverse LGBTQIA+ populations throughout the lifespan. It identifies unique considerations for some of the different communities included in the acronym LGBTQIA+ within the context of traditional human development theory, as well as group work theory and principles. Specific examples drawn from real-life experiences will be shared and assessed. Participants are encouraged to bring questions based on their own practice experiences.

At the end of this session, participants will be able to:

- Understand how socio-emotional dynamics and coping mechanisms present among many LGBTQIA+ individuals could impact the group process.
- Apply practical strategies for effectively engaging LGBTQIA+ individuals in a broad array of diverse groups at different life stages (i.e., adolescence, middle age, and the “golden years”).
- Understand the utility of group work theories in working effectively with LGBTQIA+ populations.

Mauricio Cifuentes, Ph.D., LCSW, J.D.

Friday, November 17th, 2023
1pm - 4pm CT
(Chicago)
via Zoom
3 CEUs

FEE:
General: $80, LUC Alumni/Field Instructors: $65, Students: $15
20% discount if enrolled in 3 or more sessions

Scan or use link to Register:
https://tinyurl.com/23vdpc9

For more info. on presenters: https://tinyurl.com/mrnn2nbf

This session fulfills the 3 credit Illinois licensure requirement for Cultural Competence.