How can activities help to reach the group’s purpose?

Linda Ducca Cisneros
AGENCY & SOCIAL CONTEXT

- Need
- Purpose

- Structure
- Composition
- Pre-group contact
- Content
- Evaluation

AGENCY & SOCIAL CONTEXT

Kurland & Salmon (2006)
Which aspects should we consider when planning an activity?
Which aspects should we consider when planning an activity?

- TIME/LOCATION
- RESOURCES
- PURPOSE OF THE ACTIVITY IN THE SESSION.
- COHERENCE WITH THE PURPOSE OF THE GROUP
- POSSIBLE EFFECTS OF THE ACTIVITY
- FUN/HUMOR
- ENGAGEMENT
- DIFFERENT POSSIBILITIES TO PARTICIPATE
- DEGREE OF DIFFICULTY (frustration, accomplishment)
- FLEXIBILITY
- ROLE OF THE FACILITATOR
- ROLE OF THE PARTICIPANTS
- STAGE OF GROUP DEVELOPMENT
ACTION TECHNIQUES
(Doel, M. 1999)

Oral

structured discussion;
open discussion;
rehearsal and role-play
drama; story-telling and
oral history; simulations;
guided fantasy;
reminiscence; life
scripting; metaphor
Hardware

*audio-video; CD; slides; film; video-conferencing; photography; computer; internet; virtual; one-way screens*

“Upside Down Love, A risky movie” (Amor del Revés. Una película arriesgada)
Written

stories; novels; poems; letters; diaries; e-mails; homework; logs; quizzes; leaflets; questionnaires; reports; minutes; summaries; newspaper cuttings; statistics; articles; handouts; critical incident analysis; task analysis; recorded observations; group contracts; evaluation sheets; official documents

“I sleep little, I dream a lot”
Poetic Action. Argentina

Documentary Buscando Respeto
Props

food; smells; clothes; clay; crafts; tokens; conch; string; wool; puppets; dolls; masks; objects; furniture; music
Graphic

Flipcharting; posters; mapping; quick-thinks; drawing; cards; cartoons; sketches; artwork; chalkwork; painting; photographs; charts; calendars; plans; family trees; diagrams; montages; collages

Bushwick collective. Brooklyn, N.Y.

Drawing of a group of young people with intellectual disabilities. UniverDi. Jaén, Spain
Physical

play; mime; games; dance; sculpting; relaxation; meditation; exercises; contact activities (e.g. group tangle); outdoor; tea/coffee breaks; visits; trips

Alphabetization project. Complutense University of Madrid- Ciudad Joven.
Why activities?

• It is not a new topic
• Evidence Base Practice
• Different channels of communication/Self expression
• Words only “reach” certain people (Learning styles, skills).
• We generally work with population who experienced trauma or have important problems in their life and are difficult to engage.
Sumiko Iwamuro, DJ Sumirock (The Japan Times, 2017)
References


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