

The Neurobiology of Safety and Belonging in Groups Tuesday, November 16th 7:00 p.m., Pacific Time

This presentation will cover understanding the neurobiology of creating safety, including how to offer cues of safety to others. It will include some experiential as well as didactic information. Behaviors that are indicators of a lack of safety will be covered—as well as ways to support a sense of belonging with others. This session will be led by Ruby Jo Walker, LCSW. Ruby Jo does trainings on Neurobiology and recently worked with mental health practitioners in the Navajo Nation.

## Click here to attend the Zoom meeting:

Meeting ID: 931 1151 2559

Passcode: 195889

For more information, email jen.currin-mcculloch@colostate.edu